

GOLDEN RULES

A REAL ACTION TO BUILD CHARACTER

*A case study of habituation good character for students
through International Inspiration (II) program
at Bubutan 4 elementary school Surabaya, 2011 - 2012*



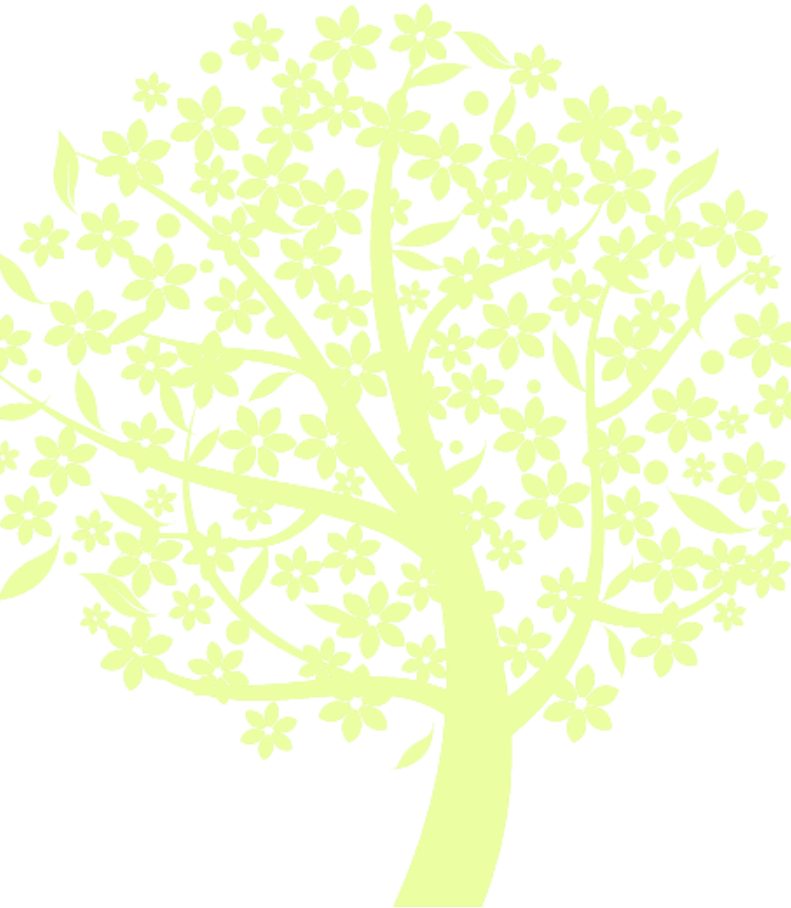
WHY GOLDEN RULES?



The school visit program to What's Dyke CP School in Wales 2011 inspired me to implement **Golden Rules** which just focused on students **character and behavior**. The goal was to change them better.

The crisis of good character at Bubutan 4 was a serious problem that must be handled immediately.

WHAT'S GOING ON???





WHY CHARACTER IS THE BASIC PLAN?



The low condition of social, economic, educational background of parents and environment. Less of good support to children



Lack of parents attention because of their busy to earn their life.



The impact of bad environmental culture (**habit to swearword, curse, use bad and rude language in anger**)



Crisis character in 2010 – 2011 (lots of students like to **curse, fighting, coming late, lack of environmental awareness, lack of self confidence, disobey the rules**)





CHALLENGE

How to change students behavior better?

How to implement the school vision i. e to create young leaders with good character?

How to make comfortable friendship and environment through sport education?



Trough sport students indirectly learn soft skill (character habituation) and hard skills (physically action)

Il facilitated program of youth sport leader

The role of International Inspiration - Sport - Character

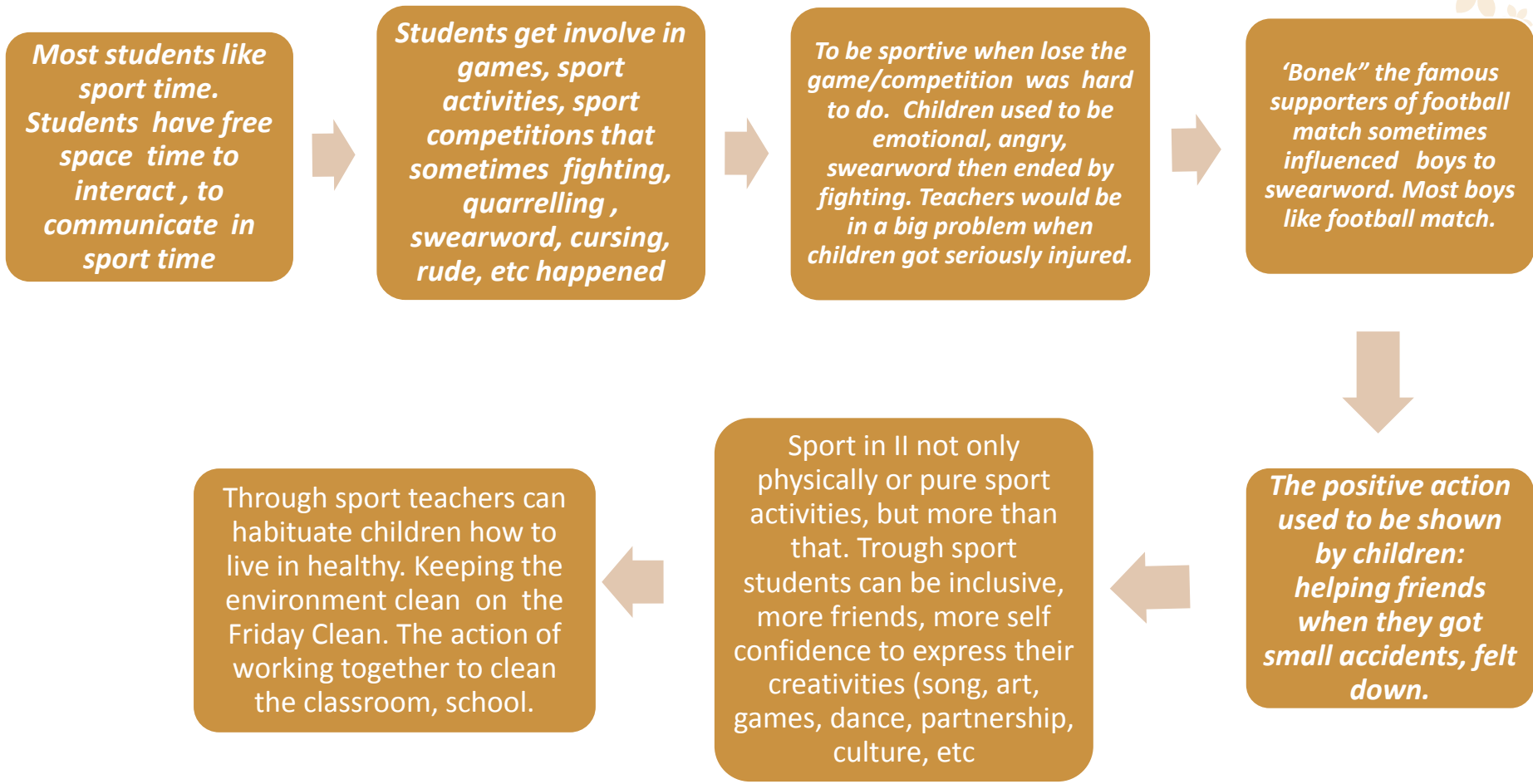
Students get much interaction, involvement in sport activities (to speak, to behave, to act out, to compete in any games and sport activities)

Il gave chance to arrange the action plan based on the school needs as well as the school partner

Il facilitated school to explore programs through sport.




Why Sport is an effective subject to implement golden rules?





What is golden rules?

- ❖ Golden rules is students' commitment in building good characters. How they behave well, how they keep their good attitude in the classroom, at school, and in their society.*
 - ❖ Through Golden rules teachers support students to behave in good manners.*
 - ❖ The aim of the golden rules is to enable students grow their good characters consistently.*
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STEPS To Implement Golden Rules

- **Every student grade 1 – 6 (about 480 children) have to write a good attitude she/he commit to do consistently without pressure.**
- **Every class makes a list of students commitments. Find five attitudes that most students want to do. Decide 5 attitudes will be shared on the meeting.**
- **Discuss and analyze 12 classes of students' commitments (60 commitments in school meeting.**
- **Decide 5 attitudes as the main choices of all students that will be declared as "Golden Rules"**
- **The result of meeting : students will commit on : **to be discipline, to be honest, to live in harmony, to be polite, to keep clean.****

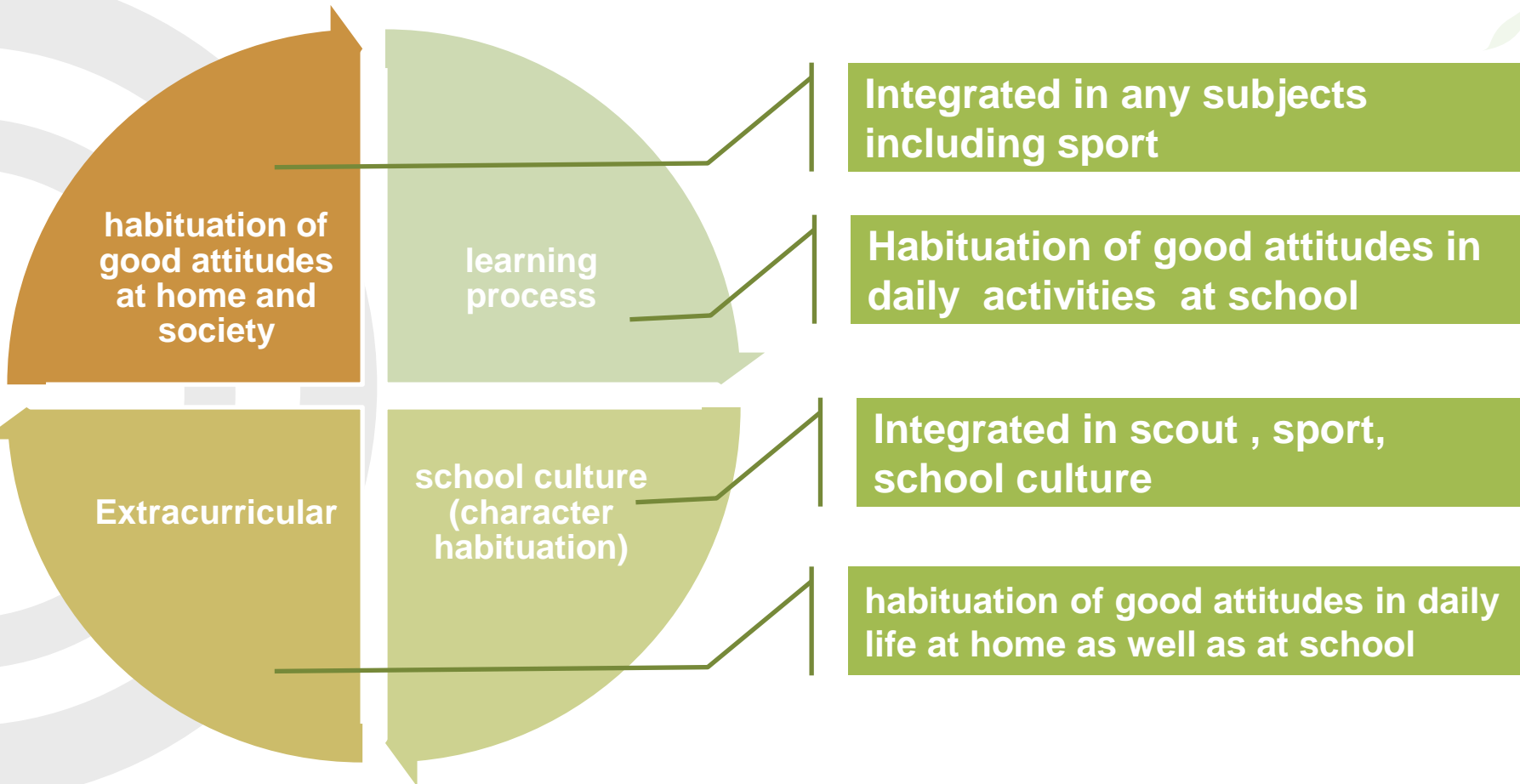


STEPS To Implement Golden Rules

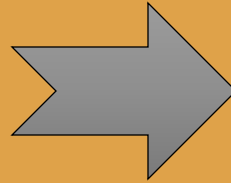
- **Teachers display the golden rules on every classroom.**
- **Students declare it and promise to do it well without pressure**
- **Teachers keep watching their commitments.**
- **Teachers note the changes, the progress of students in doing the golden rules.**
- **Rewarding on every three months for the best students based on teachers' observation notes.**
- **The stars get reward "PIN" and to be the leaders on every sport time until the next three months.**
- **Get once extra time after class to do sport/game by using any sport/game equipments at school.**
- **Punishment for students who often disobey the rules : **get red dots on a wall display.****



IMPLEMENTATION OF GOLDEN RULES



Start from very simple and essential actions can be implemented easily in any school conditions.



**HONEST, SELF CONFIDENCE,
DICIPLINE , POLITE, HELPFUL**

**KEEP CLEAN, COMFORTABLE
ENVIRONMENT,**

**MORAL
KNOWING**

**MORAL
FEELING**

**MORAL
ACTING/DOING**

ATTITUDE



REWARD



 **REWARD**
“PIN” for the stars





Red dots point of punishment



POIN	PELANGGARAN
AGUNG	●●●●
ALDINIA	●●●●
A L I	●●●●●
ANGELINA	
DAVID	●●●●
DIAN	●●
ANDHIKA	●●●●●●●
HELMY	●●●
JUNITA	
INTAN	●●●●●●
MURSID	●●●●●
RIZAL	●●●●●
VADILA	●●
WULAN	●●●●
SA'RONI	●●●●●●●●●
TARISSA	
DEWI	●●
HAIAR	●●●●●●●●
RIZKY	●●●●●●●●
FILLA	●
ALVIN	●●●●●●●
AMANDA	●●●
AVITA	
DIAH	●●
ERIKA	●●
FINA	
FIRMAN	●●●●●●●●
IVO	●●●●●●●●
LATIFA	●●
RICHUL	
FAIZAL	●●●●●●●
OKTAVIO	●
SHERINA	●●●
IMAH	
STEVEN	●●●●●●●●
YUNITA	●●●●●●●●
ZIDAN	●●●●●●●
VIERY	
ROHMAWATI	●●●●●





PROGRESS

Less students
swearword,
curse

Less students
coming late

More discipline,
high motivation
to learn

Students have
great effort to
get “pin” reward

Helpful to each
other


Being self
confidence

Being proud of
themselves and
parents

Comfortable
condition, good
friendship

Being sportive,
stop fighting

CONCLUSION



Sport not only physically practice with no attention to build children characters

Through PE /sport education students can explore soft and hard skills. How to interact, communicate in good manner.

It inspiring people to do creative ways to develop human quality, creativities , good relationship, and management of learning sport thematically.











Enviromental Awareness Keep The School Clean

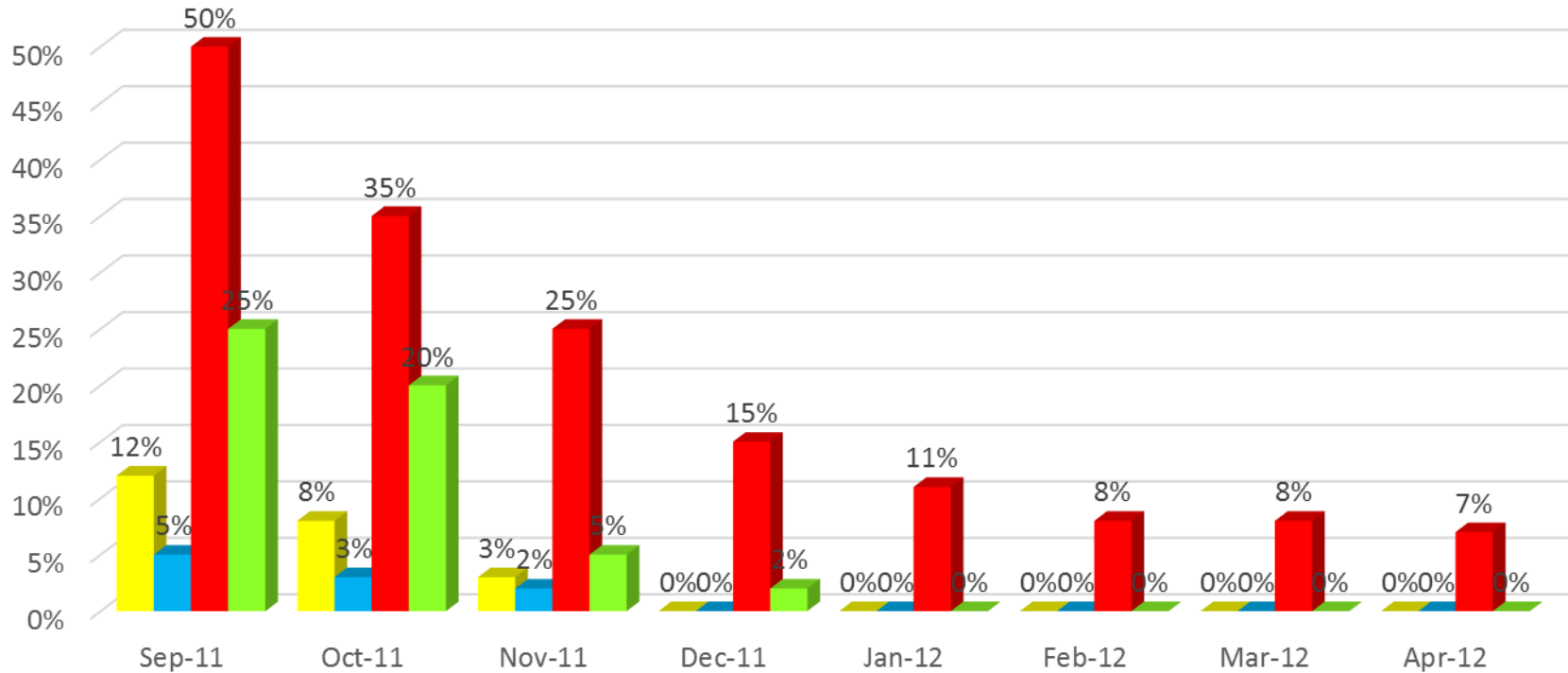




THE POSITIVE IMPACT OF GOLDEN RULES



CRISIS OF ATTITUDE



■ habit to curse, use bad and rude language in anger

■ fighting

■ environmentally awareness (keeping the room/school clean)

■ disobey the school regulation (forgetting homework, coming late, lying, etc)



GOLDEN RULES SDN BUBUTAN IV SURABAYA



Thanks 😊

